



APSI NATIONAL MIDTERM CME – 2026

Date: 10th & 11th April, 2026.

Venue: Auditorium, Sikkim Manipal Institute of Medical Sciences, Gangtok.

Theme: **Addiction Psychiatry:**
From Hospitals to the Community



CME Organizing Committee

Dr Sanjiba Dutta
Organizing chairperson

Dr Samrat Singh Bhandari
Organizing secretary

Dr Harshavardhan Sampath
Treasurer



APSI
NATIONAL MIDTERM CME – 2026



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SIKKIM MANIPAL INSTITUTE OF MEDICAL SCIENCES

Welcome Message from

The President & Secretary General

Warm greetings from the Addiction Psychiatry Society of India (APSI).

Sikkim Manipal Institute of Medical Sciences (SMIMS), Sikkim Manipal University, is delighted to invite you to the **National Mid-Term CME 2026 of the Addiction Psychiatry Society of India (APSI)**, scheduled on **10th & 11th April 2026**, in the serene Himalayan setting of **Gangtok, Sikkim**.

The conference is themed **“Addiction Psychiatry: From Hospitals to the Community”**, highlighting the evolving landscape of addiction care with an emphasis on community-based, preventive, and holistic approaches alongside clinical excellence.

The scientific programme has been thoughtfully curated to include expert lectures, interactive sessions, and academic presentations focusing on contemporary challenges, evidence-based practices, and innovative models in Addiction Psychiatry. This Mid-Term CME aims to foster meaningful academic dialogue, professional collaboration, and capacity building among psychiatrists, mental health professionals, and postgraduate students.

We look forward to your active participation and to welcoming you for an intellectually enriching and memorable academic experience.

Warm regards,



Dr. Rakesh Kumar Chadda
President (interim),
APSI



Dr. Atul Ambekar
Secretary General, APSI





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Welcome Message from

The Organizing Committee

APSI National Mid-Term CME 2026

Dear Colleagues,

It is our privilege and pleasure, on behalf of the Department of Psychiatry, Sikkim Manipal Institute of Medical Sciences (SMIMS), SMU to welcome you to Gangtok for the **APSI National Mid-Term CME 2026**, to be held on **10th & 11th April 2026**.

Hosting this prestigious academic event in the Himalayan state of Sikkim is an honour for our department. We are delighted to collaborate with the Addiction Psychiatry Society of India (APSI) in bringing together clinicians, academicians, researchers, and postgraduate trainees for two days of meaningful engagement and scholarly exchange.

Under the theme **“Addiction Psychiatry: From Hospitals to the Community,”** the conference seeks to stimulate dialogue on how addiction care can be strengthened across diverse settings — from tertiary care centres to grassroots and community platforms. The programme has been designed to encourage active participation through focused lectures, interactive panel discussions, skill-based workshops, and opportunities for paper and poster presentations.

Beyond the scientific sessions, we hope this meeting provides space for collegial interaction, collaboration, and reflection. The tranquil environment of Gangtok offers a unique setting to pause, connect, and re-energise while advancing our shared commitment to improving addiction care in India.

We look forward to welcoming you to Sikkim for what promises to be a vibrant, intellectually stimulating, and memorable academic gathering.

Warm regards,



Prof. Dr. Sanjiba Dutta
Organizing Chairperson



Prof. Dr. Samrat Singh Bhandari
Organizing Secretary



Dr. Harshavardhan Sampath
Treasurer



Dr. Geeta Soohinda
Scientific Sessions Chairperson



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Office Bearers (APSI)



Prof. Dr. Rakesh Kumar Chadda
President (Interim)



Dr. Atul Ambekar
Secretary General



Dr. Ravindra Rao
Treasurer



Dr. Roshan Bhad
Asst. Gen Secretary

APSI Executive Member

Prof. Dr. P.K. Dalal
Prof. Dr. Pratima Murthy
Prof. Dr. Debasish Basu
Prof. Dr. Anju Dhawan
Prof. Dr. R.K. Lenin Singh
Dr. Ashwin Mohan



APSI Mid-Term CME 2026 – Organizing Committee

Patrons:

Dr. Gopalakrishna Prabhu,
Vice Chancellor, Sikkim Manipal University
Dr. Muralidhar V. Pai,
Pro Vice Chancellor, Sikkim Manipal University

Organizing Chairperson:

Prof. Dr. Sanjiba Dutta

Organizing Secretary:

Prof. Dr. Samrat Singh Bhandari

Treasurer:

Dr. Harshavardhan Sampath

Scientific Sessions Chairperson:

Dr. Geeta Soohinda

Volunteers:

Dr. Faizah Manzar
Dr. Kalyani Patil

Registration, Hospitality & Logistics Committee:

Dr. Anmol Pradhan, *Chairperson*
Ms. Sweta Tirkey
Dr. Nerolene Subbha
Dr. Bishant Naorem
Dr. Bhumika Dulal
Dr. Shivam Sehgal

Stage Management Committee:

Dr. Rubi Dey, *Chairperson*
Dr. Jyotsna Kapil
Dr. Bhawana Thapa

Venue Management Committee:

Mr. Dhrubajyoti Kalita
Dr. Madhurima Chakraborty
Dr. Sayantani Saha
Dr. Anshum Prita



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CME Registration Form

APSI Membership No.: _____

*Name : _____
 *E Mail : _____
 *Mobile : _____ WhatsApp Contact : _____
 Telephone : Residence : _____ Office : _____
 *Date of Birth : _____ Gender : _____
 *Address : _____

 *City/District : _____ *State: _____
 *Pin/Zip/Post Code : _____ Country: _____
 Qualification : _____ Year : _____

Accompanying Person

1. Name : _____ Age : _____ Gender : _____
 2. Name : _____ Age : _____ Gender : _____
 3. Name : _____ Age : _____ Gender : _____

Transaction Details:

Transaction ID/Payment ID/ UTR No. : _____ Bank / UPI : _____
 Date of Transaction : _____ Amount Paid : _____

Kindly fill & send the scanned copy with transaction ID of this form to registration@apsimidtermsikkim.com

Registration mandatory for all attendees

Category	Early Bird (Till 15 th March 2026)	Late/On-spot (From 16 th March 2026 onwards)
Delegate APSI Member	4800	6000
Delegate Non Member	5400	6600
Students / Residents / Allied Professionals	3000	3500
Each Workshop	900	900
Accompany Person	3500	3500

Note: Fees are inclusive of 18% GST • Registration for CME does not include workshop



Payments shall be received by :

Account Name : **ADDICTION PSYCHIATRY SOCIETY OF INDIA - MIDTE** Account Number : **110295369587**
 Bank Name : **Canara Bank** Branch Name: **Tadong Branch** IFSC code : **CNRB0008676**
 MICR Code : **737015003** SWIFT Code : **CNRBINBBFD**
 Bank Address : Canara Bank, Sikkim Manipal University Complex, 5th Mile, Tadong, Gangtok, Sikkim - 737102

Contact for Registration Queries:

Email : registration@apsimidtermsikkim.com
 Mobile : +91 73044 72386

Note: Please visit our website at www.apsimidtermsikkim.com to complete your registration online, avoiding the need to print, fill, scan, and upload documents.



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Entitlements

Delegates attending physically

- Delegate Kit.
- Inaugural function, Scientific sessions & Social Evenings.
- Lunches & Dinner during the conference.
- Exhibition Area
- Souvenir (If any).
- Sikkim Medical Council of Attendance for doctors only.

Accompanying Persons Attending Physically

- Inaugural Function & Social Evenings.
- Accompanying persons are eligible for lunches and dinners only if they are registered.
- Participation in spouse & children's programs.

Conference kit will not be guaranteed for registration after 31st March, 2026.

Terms and Conditions

Mandatory Requirements

- Photo ID Proof (Valid Driving License/Passport/Election Card/Aadhar Card)
- Email ID & Mobile No.
- Others: First name, Last name, Address, State, PIN code, Institute/Hospitals.

Registration Guidelines

- Above fees are inclusive of Goods & Service Tax.
- Payment Option: Online – NEFT, IMPS, Bank transfers & Debit or Credit cards.
- Online payments via Credit or Debit Cards will additional bank charges at scheduled rates.
- All Remittance/Bank charges/Online transaction fees are to be borne by the registrant.
- Letter from HOD is mandatory for Postgraduate residents for registration.
- Conference registration is mandatory for presenting Free papers and Posters.
- Registration is mandatory for all delegates including children 5 Years and above.
- Photo ID is mandatory for all delegates for security reasons to enter the conference area.
- Please ensure to wear a registration badge all the time (Bar Coded) during the conference.
- Entry for accompanying persons other than delegates, may be restricted to certain areas including Scientific Halls.
- No credit policy for registration fees. Registration fees mentioned are non negotiable.
- The organizing committee is not responsible for payments made in any form without a registration form and details of payment. Organizing committee will not entertain requests to refund the same.
- Delegate must bring the acknowledgment letter/payment receipt with registration number during the conference for badge collection.
- The conference kit would be handed over only to the registered delegate with a VALID photo id.
- For Spot Registration : Payment will be accepted only by mode of Cash & UPI Payment.
- Conference kit will not be guaranteed for registration after 31st March, 2026 it will be subject to Availability.
- There is an Online Registration option to complete the form and make the payment online, eliminating the need for printing, filling, scanning, and uploading documents. Please visit our website at www.apsimidtermsikkim.com for more details.

Cancellation and Refund Policy – Registration is Non transferable, Non Cancellable & Non Refundable.



Scientific Papers & Posters

RULES

1. Open to all registered conference attendees, with no restrictions on professional level.
2. Topics must align with Addiction Psychiatry.
3. **Abstract format:**

The abstract for the Paper/Poster should be structured (Title, Background, Aims, Methods, Results, and Conclusion) and limited to 300 words including 3-5 keywords.

In MS office, Times New Roman font, size 12, 1.5 lines spacing, justified alignment.

4. All submissions will be acknowledged by email only.
5. All submissions should include Name of the authors in order (presenting author followed by co-authors), designation of the authors, Institute, State.
6. Provide current working E mail ID along with Mobile number of the presenting author.
7. Best Papers and Posters will be awarded Prizes.

Submit an abstract to
scientific@apsimidtermsikkim.com mentioning

“APSI CME 2026 abstract – Poster or Oral Paper”

as the subject of the email.

Registration for the CME is mandatory for presenting Poster / Oral Paper presentation.

Details about presentation format and timing will be intimated to the presenters by E Mail after selection process.

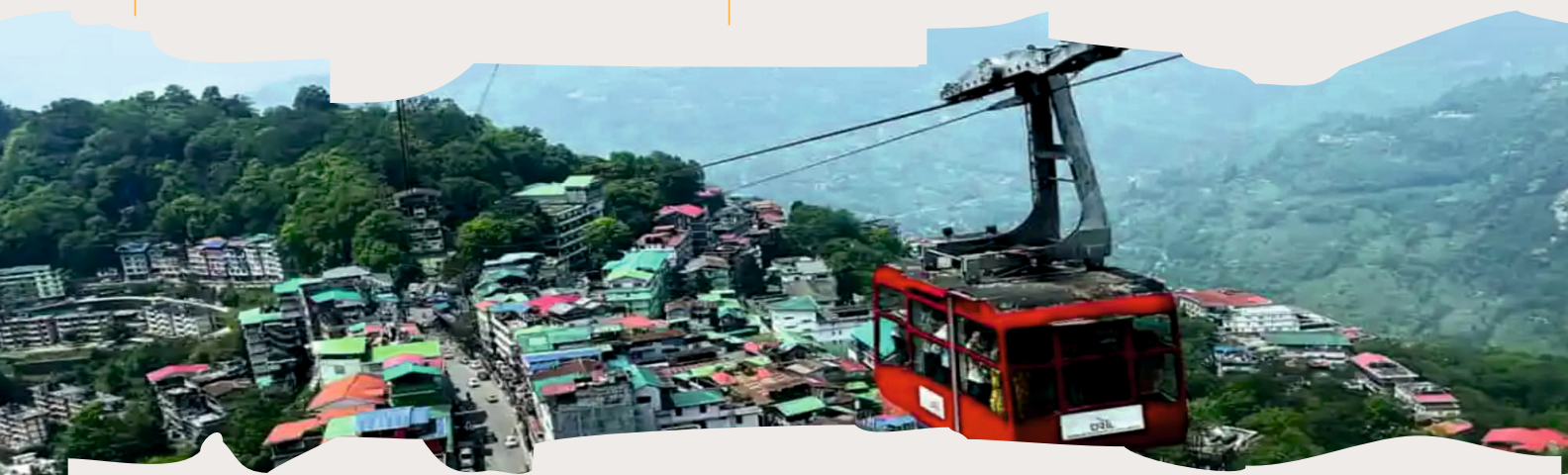
In case of any related queries, kindly email to

scientific@apsimidtermsikkim.com

**Last Date of submission of abstract:
31st March, 2026.**

Conference Registration will open soon!

For conference registration you can E Mail us on:
registration@apsimidtermsikkim.com





About Venue - Sikkim

Nestled in the Eastern Himalayas, Sikkim is renowned for its pristine landscapes, serene monasteries, and rich cultural heritage. This enchanting state offers a tranquil ambiance and breathtaking scenic beauty, creating an ideal setting for academic engagement, professional networking, and personal rejuvenation.

Why Choose Sikkim for a Medical Conference

Sikkim's serene atmosphere, spectacular surroundings, and exceptional hospitality make it an inspiring destination for knowledge exchange and professional networking. The state provides a perfect balance of academic focus and rejuvenating experiences beyond the conference halls, fostering both intellectual growth and personal well-being.

Best Time to Visit Sikkim

March to June (Spring–Summer): Experience pleasant weather with crystal-clear skies and vibrant blooming flowers, creating ideal conditions for both sightseeing and conference activities.

September to November (Autumn): Widely regarded as the optimal season, featuring panoramic mountain views, comfortable temperatures, and perfect conditions for outdoor exploration and networking events.

Note: December to February brings enchanting snowfall to higher altitudes, while July–August (monsoon season) is less recommended due to heavy rainfall that may disrupt travel plans.

Key Attractions

Gangtok

The vibrant hill capital seamlessly blends contemporary comforts with traditional Himalayan charm. Gangtok offers sweeping panoramic views of the Himalayas, elegant tree-lined promenades, and a sophisticated cultural experience that reflects the region's unique heritage.



Tsomgo Lake

This serene high-altitude glacial lake sits majestically amidst snow-clad mountain peaks. Its crystal-clear waters mirror the untouched beauty and profound tranquility of the Himalayas, creating a breathtaking natural sanctuary.



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Nathula Pass

A legendary mountain pass positioned on the historic Indo-China border, Nathula Pass is steeped in both historical significance and natural grandeur. This remarkable location offers dramatic alpine landscapes and provides visitors with fascinating insights into the strategic Himalayan heritage.



Rumtek Monastery

Recognized as one of the most significant centers of Buddhist learning in the entire region, Rumtek Monastery emanates profound peace, spiritual depth, and remarkable architectural elegance. This sacred site offers visitors a transformative experience of Himalayan Buddhist culture.

Kanchenjunga

The majestic presence of the world's third-highest peak dominates Sikkim's spectacular skyline with commanding authority. Its awe-inspiring views bestow a sense of natural grandeur and timeless serenity upon the entire region, creating an unforgettable backdrop for any gathering or conference.





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